

# CLIENT PERSONAL INFORMATION

## Client Information

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Home Phone:( ) \_\_\_\_\_ Work Phone:( ) \_\_\_\_\_ Cell Phone:( ) \_\_\_\_\_

Email Address: \_\_\_\_\_ Preferred Method of Contact: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

What is your primary reason or goal for today's visit? \_\_\_\_\_

\_\_\_\_\_

**Below is a list of common concerns that lead people to seek professional assistance. Please check all that apply to you.**

- Anxiety/Stress
- Insomnia
- Chronic Pain
- Depression
- Weight Issues
- Surgical Anxiety
  
- General Fears
- Fear of Public Speaking
- Lack of Motivation
- Low Self Esteem
- Phobic Reactions
- Relationship Issues
  
- Smoking
- Sports Performance
- Alcohol/Drug Use
- Test Anxiety
- Unwanted Habits
- Goal Setting

Relevant Medical Condition/s: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently under a physician's care for these conditions? \_\_\_\_\_ Yes \_\_\_\_\_ No

Date of your last visit with your physician: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**Note: If the reason for today's visit has to do with a medical issue, it will be necessary to obtain your physician's approval to use hypnotherapy as an adjunct to medical treatment.**

Are you currently under the care of a mental health professional? \_\_\_\_\_ Yes \_\_\_\_\_ No

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Did they refer you or are they open to hypnosis? \_\_\_\_\_

Have you ever been hypnotized before? \_\_\_\_\_ Yes \_\_\_\_\_ No

Have you used controlled substances (e.g., marijuana, cocaine, opiates)? \_\_\_\_\_ yes \_\_\_\_\_ No

How did you learn of our practice? \_\_\_\_\_  
\_\_\_\_\_

Have you ever been convicted of a felony or serious crime? \_\_\_\_\_ Yes \_\_\_\_\_ No

**I certify that the above information is accurate to the best of my knowledge and ability.**

\_\_\_\_\_ signature \_\_\_\_\_ date

